**CONTINUING PROFESSIONAL DEVELOPMENT (CPD)**

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 50 per year. To facilitate transition, the registration, renewal certificates for Practising Psychologists and Interns would require that these practitioners accrue a ***minimum of 30 points*** *in 2016, then 40 in 2017 and 50 from 2018 onwards. NB: One cannot accumulate* ***more than 40%*** *of their points from the same category.*

**Below is the CPD points Guide Chart.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **CATEGORY** | | **POINTS**  **AWARDED** | **MINIMUM** | **COMMENTS** |
| **1** | 1. Psychological lecture/ Presentation to the public      1. Lecturing | 2      2 | I Hour      Semester | Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with psychological education |
| **2** | 1. Morning/afternoon seminar      1. Psychology   Conference/Annual  Congress | 1/hour    Attending- 5  Presenting- 10 | 1/hour    2 Days | Seminar should be in line with continuous psychological education.    Conference should be in line with continuous psychological education |
| **3** | 1. Publishing in Peer reviewed Journal.      1. Review of journal article or research proposal | 20    5 |  | First author gets 20 points. Other listed authors get 10 points. Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job |
| **4** | 1. Professional group meetings      1. Attending professional board   meetings/functions | Attending- 2  Presenting- 4    2 | 2 hours      1 Hour | e.g. Therapist Support Group (TSG)  e.g. ZPA, IPMZ |
| **5** | Achieving an extra  Psychology qualification | 5  10 | Certificate  Degree | The qualification should be in line with continuous psychological education |
| **6** | Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ,  TSG | 2 |  |  |
| **7** | Participation in external consultation, e.g., external examination/ evaluations/ assessments | 2 |  |  |
| **8** | Direct mentoring or supervision of interns on register with AHPCZ | 33 per student per year |  | A point for each for each student’s quarterly supervision report submitted to AHPCZ |
| **9** | Community Service | 2 | per service |  |
| **10** | Personal psychotherapy for professional growth | 2 | Session | At least six sessions, compulsory for interns. |
| **12** | In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training) | 5 |  | At least two days |

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| **Date** | **CME**  **Category** | **Topic** | **Stamped/Signed by** |
| **17/01/2022** | **4a-8** | **Rolling with Resistance in Psychological sessions**  **Creating a Psychologically safe workplace** | **Comfort Shava**  **REPSSI** |
| **14/02/2022** | **4a - 4** | **Erectile Dysfunction Presentation** | **Comfort Shava**  **Hatfield Zaoga Church** |
| **21/02/2022** | **9-2** | **Substance abuse sensitization**  **Onsite screening ,intervention and referral** | **Comfort Shava**  **Robert Mugabe Square, Harare** |
| **1/03/2022** | **2a - 1** | **The Impact of the Pandemic on People who use Drugs and Treatment Services: What we can learn from research.** | **Kate Halliday**  **Addiction Professionals** |
| **2/03/2022** | **9 - 2** | **Substance Use sensitization** | **Comfort Shava**  **Epworth Local Board Clinic - REPSSI** |
| **9/03/2022** | **2a - 1** | **Feminist Therapies in EAP Setting** | **Joanna Almeida**  **Workplace Options** |
| **30/03/2022** | **2a - 1** | **Long Covid and Chronic Illness among Health Workers in Africa. Post Covid Treatment Network** | **Dr. Dube - Amari Consortium** |
| **13/04/2022** | **4a - 2** | **Somatic Mindfulness Based Therapy in single session therapy** | **Leslie Butler**  **Workplace Options** |
| **/05/2022** | **4a - 2** | **Trauma and Isolation** | **Mertha M Nyamande**  **ZPA** |
| **19/05/2022** | **2a - 1**  **2a - 1** | **War - Psychological Skills for Surviving (coping with) Traumatic Events**  **Mental Health in the Workplace** | **Sonya Norman**  **ISSUP.**  **Verywell Mind Eventbrite** |
| **20/05/2022** | **2a-1** | **Emotion Focussed Therapy** | **Dr Julia Mutambara.MSU** |
| **27/05/2022** | **2a - 1** | **New Psychoactive Substances NPS: Synthetic Stimulants/Synthetic Cannabinoids** | **Aviv Weinstein et al. ISSUP** |
| **16/06/2022** | **2a - 1** | **War - Psychological skills for surviving and coping with Traumatic events: Helping Older Adults** | **Sonya Norman**  **ISSUP UKRAINE** |
| **20 - 21/06/2022** | **4a - 8** | **Mental Health Well-being among Funeral Staff members presentations** | **Sikoliwe E Sibanda/Comfort Shava**  **Doves Harare** |
| **8/06/2022** | **2a - 1** | **Supporting clients dealing with Survivor’s guilt** | **Flavia Previtali**  **Workplace Options** |
| **6/07/2022** | **2a-1** | **New Psychoactive Substances NPS: Black market and Policy of new psychoactive substances in the Asian region** | **Oleksiy Feshchenko et al.**  **ISSUP** |
|  | **1a-2** |  |  |
| **7/07/2022** | **2a - 1** | **Highlights from the 2022 UNODC World Drug Report** | **Giovanna Campello**  **ISSUP** |
| **09/07/2022** | **1a-2** | **Coping with Vicarious Trauma-Regional Magistrates Colloquiuim** | **Comfort Shava**  **Carribea Bay Hotel** |
| **20/07/2022** | **4a - 2** | **Dementia** | **Dr Ruwizhi** |
| **11/08/2022** | **2a - 1** | **ADHD across the lifetime using Strength Based Approach** | **Tiara Puspita -**  **Workplace Options** |
| **31/08/2022** | **9-2** | **Substance use Sensitization-** | **Comfort Shava**  **Tafara Roman Catholic Church** |
| **5-6/09/2022** | **4a - 8** | **Workplace Self Care,Stress and coping** | **Comfort Shava**  **REPSSI** |
| **9/09/2022** | **2a - 1** | **Caring for the carer, Psychological Well being for Health care Workers** | **Dr Mwamuka Friendship Bench** |
| **21/09/2022** | **1a - 2** | **MhGAP training for Village health Workers** | **Comfort Shava**  **REPSSI-Chisuma Clinic** |
| **12/10/2022** | **4a - 2** | **How to manage being triggered by a client** | **Talisha Kelly**  **Workplace Options** |
| **26/10/2022** | **1a - 4** | **Presentation on CBT for Drug abusers**  **Self-care presentation** | **Comfort Shava**  **CUT Hotel -DSD** |
| **28/10/2022** | **4a - 2** | **Therapy and Spiritual Care in a Shattered World** | **Boston University Danielsen Institute** |
| **26/11/2022** | **1a - 4** | **Presentation on CBT for Drug Abusers –second cohort**  **Self care presentation** | **Comfort Shava**  **DSD-CUT Hotel** |
| **14/12/2022** | **4a - 2** | **The Use of Ecotherapy in Short term Solution Focused Approach** | **Workplace Options** |
| **08/12 /22** | **5-10** | **Attained MSc in Clinical Psychology** | **MSU** |
| **TOTAL POINTS** | **83** |  |  |

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